

Keep Germs to Yourself!

Fever + Cough = Mask

If you have a fever and cough,
let us know.

You may be asked to put on
a surgical mask to protect
others.



If you can't wear a mask,
cover your mouth and nose
with a tissue when you
cough or sneeze.

**Stop the spread of germs that make
you and others sick!**



Bureau of Health
Maine Department of Human Services
www.mainepublichealth.gov